

# Questions to ask my doctor

## *about adding Metformin to my treatment plan*

Please print this page and discuss the following questions with your doctor.

Questions	Doctor response
<p>Would Metformin be right for me in treating my diabetes? How does it work?</p>	
<p>If it's not right for me, why and what may be more appropriate?</p>	
<p><b>If starting a new medication:</b></p> <ul style="list-style-type: none"> <li>▪ Is it safe to take with my other medications? Are there any medications I should stop when I start this one?</li> <li>▪ Are there any side effects I should be aware of? What should I do if I have any of these side effects?</li> <li>▪ Is it the most cost-effective choice? For example, does it have the least expensive copay? Is a generic form available?</li> <li>▪ What strength are you recommending? How many times a day do I need to take the medicine?</li> <li>▪ What should I do if I miss a dose?</li> <li>▪ Do I need to avoid alcohol or any particular foods while taking this medicine?</li> </ul> <p><i>Kidney exams should be periodically performed on people taking metformin due to a relative contraindication for people with chronic or acute renal disease.</i></p>	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.